

General Information for the River City Junior Fall Regatta 2006

- Entries due **via email** by **December 1st, 2006 at 11:59 pm**. Email entries to carolyn.rcrc@gmail.com
- Race Fees. In order to cover the costs of running the regatta, there will be a modest entry fee of \$35 per 8+ and \$25 per 4+. Entry fees are due by check-in and before receiving your bow numbers. Cash or check (made out to RCRC Jr Crew) only please.
- Check-in will be open from 7:00 - 8:30 AM. Waivers and race fees must be turned in before receiving your bow numbers.
- Coaches/Cox'ns meeting will be held at 7:30 AM, Saturday, December 9th at the two story boathouse (near the RCRC boathouse).
- The course is 5,000m. The start is approximately 3,500m from the dock. The finish is approximately 2,000m from the dock. Please plan on launching crews at least 30-40 minutes before their race and allow at least 15 minutes to return to the dock when evaluating hotseating options. (See race course map.)
- Please be on time to your race as races will start on time. Please be on time to the coaches/cox'ns meeting.
- Rules of head racing apply. Boats being overtaken must yield the right-of-way (move to port) to passing crews.
- Please row through the finish line. Do not stop until you are at least 100 meters past the finish. Watch for racing crews when turning. Stay to the right-hand shore when returning through the bridge. Follow the directions of the race officials at the bridge and in the basin.
- Every shell must have a protective ball on the bow of the boat and heel restraints attached to the foot stretchers in a way that allows for quick exit in case of emergency. Boats will not be allowed to launch without proper safety gear. Also, please bring a bow number (with clip on boat) so we can attach a new number to it.
- Parking is limited. Please encourage your teams to carpool or take vans or busses. Please see the attached information about parking and alternate race viewing areas.
- Please ask your rowers not to enter the UCD boathouse. We're trying to respect their space and maintain our ability to host regattas at the Port using their docks.
- Unlike previous years, spectators are not allowed on the bridge. People are welcome to view the race from the levee, but there will be no officials on the bridge.